

# GLENWOOD HIGH SCHOOL ATHLETICS

## Athletic Training Services:

### Athletic Trainer:

Jon Wiezorek, MS, ATC, PES  
Springfield Clinic Sports Medicine

### Phone:

217.415.5806 (Cell)  
217.528.7541 (Clinic)

### E-Mail/Address:

jwiezorek@springfieldclinic.com  
3020 S. 6th Street, Springfield, IL 62703

### Athletic Trainer Procedure:

Jon will be at the high school Monday - Friday and on Saturday by appointment. He will be available in the mornings from 7:30 a.m. - 8:30 a.m. and in the afternoons from 2:30 p.m. until practices/games are over. You can locate him in the athletic training room (room 427) for injury evaluation, treatment and practice/game prep.

If you have an injury outside of set training room times, please contact Jon on the cell phone number listed above.

### Parents Please Note:

If your child sees a physician for any sports-related or time-loss injury or ailment, the athletic trainer must have a clearance/restriction note from that doctor or his/her representative. **Athletes will not be cleared to practice/play/rehab without a note.**

## \*Physician Services:

### Springfield Clinic

800 N. 1st Street • Springfield, IL 62702  
217.528.7541 ask for: "Bone Phone"

Monday-Thursday	7 a.m.-6 p.m.
Friday	7a.m. - 5 p.m.
Saturday	8 a.m.-11 a.m.

### Physicians and Surgeons:

#### Marc DeJong, MD

*Family Practice Sports Medicine*

#### Diane Hillard-Sembell, MD

*Orthopedic Surgery*

#### Rishi Sharma, MD

*Family Practice Sports Medicine*

#### G. Brett Western, MD

*Family Practice Sports Medicine*

#### Brett Wolters, MD

*Orthopedic Surgery*

#### Christopher Wottowa, MD

*Orthopedic Surgery*

### Springfield Clinic Jacksonville:

#### Darr Leutz, MD

*Orthopedic Surgery*

*\*Referrals from primary care physicians to our sports medicine specialists are the responsibility of the patient/parent/guardian.*

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217.528.7541 ask for the BONE phone

[www.SpringfieldClinic.com](http://www.SpringfieldClinic.com)

